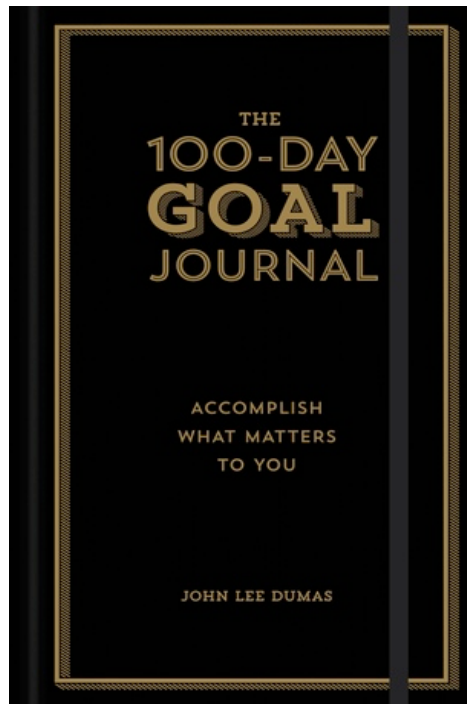


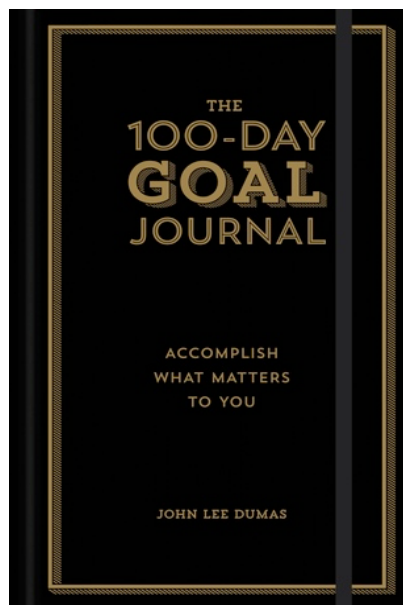
# Descargar libros The 100-Day Goal Journal: Accomplish What Matters to You

By John Lee Dumas



Accomplish your number-one goal in just 100 days and stay focused with this motivational journal. ? Success is just 100 days away! Whether you're an aspiring business owner, a student who wants good grades, or someone who wants to build healthy eating habits, this interactive journal will guide you every step of the way. Using the best elements from John Lee Dumas's wildly popular, self-published The Freedom Journal and The Mastery Journal, it provides structure, holds you accountable, and puts you on the right track. Set an attainable goal and outline exactly what you want to achieve. Use the daily planning pages to help you complete required tasks and gain productivity, discipline, and focus. Create daily action plans, track your progress, and reflect on your successes and challenges using the ten-day review pages. You'll easily make your dreams come true!

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